The Use of Trail Bikes Along the Long Path of New York The advent of the mountain bike poses

some interesting new problems. It is a device which is likely to grow in favor as a way to

cope with the necessity of using roads where trails are no longer available for traversing private lands. Portions of the Long Path are eminently suited for this type of travel where limited time is available. Some portions of it are better suited for bikes than others. This is particularly true of the region north of Gilboa along the Schoharie River across the Helderbergs to the Mohawk Valley and from there all of the way to Galway, Lake Desolation and Northville to the valley of the

East Stony Creek and up that valley to the trail head near the Ancient Corner Landmark. It should be recognized that there is something lost when terrain is passed over quickly. The anticipation and adventure of reaching a Landmark by "shanks mare" and especially with some degree of bushwhacking and orienteering cannot be denied. The have the best of two worlds. By laying out

individual who enjoys that type of travel can separate excursions along segments of the Long Path, some by trail bike, others by "shanks mare," the traveler can visit all of the Landmarks and discover others.