

78. Lake Placid Village and Mirror Lake

This is the final provisioning place on the Long Path. The town of Lake Placid has grown a great deal from the time in 1932 when it hosted the Winter Olympics.

It is located at the edge of Mirror Lake, Lake Placid a very beautiful lake having two large islands occupying much of its central area.

The Olympic Class Ski Jump is south of the village and its tower which is open to the public provides a magnificent view of the High Peaks ranging from Indian Pass to the mountains north of Mount Marcy.

During the '32 Winter Olympics the Mohawk Valley Hiking Club sponsored a Winter Camp using the open face Adirondack Leanto at Heart Lake. During the Games the twenty-five hikers who were camped there found such excellent snow they favored climbing Marcy, McIntyre and visiting Indian Pass rather than attending the Games which were starved for snow!

