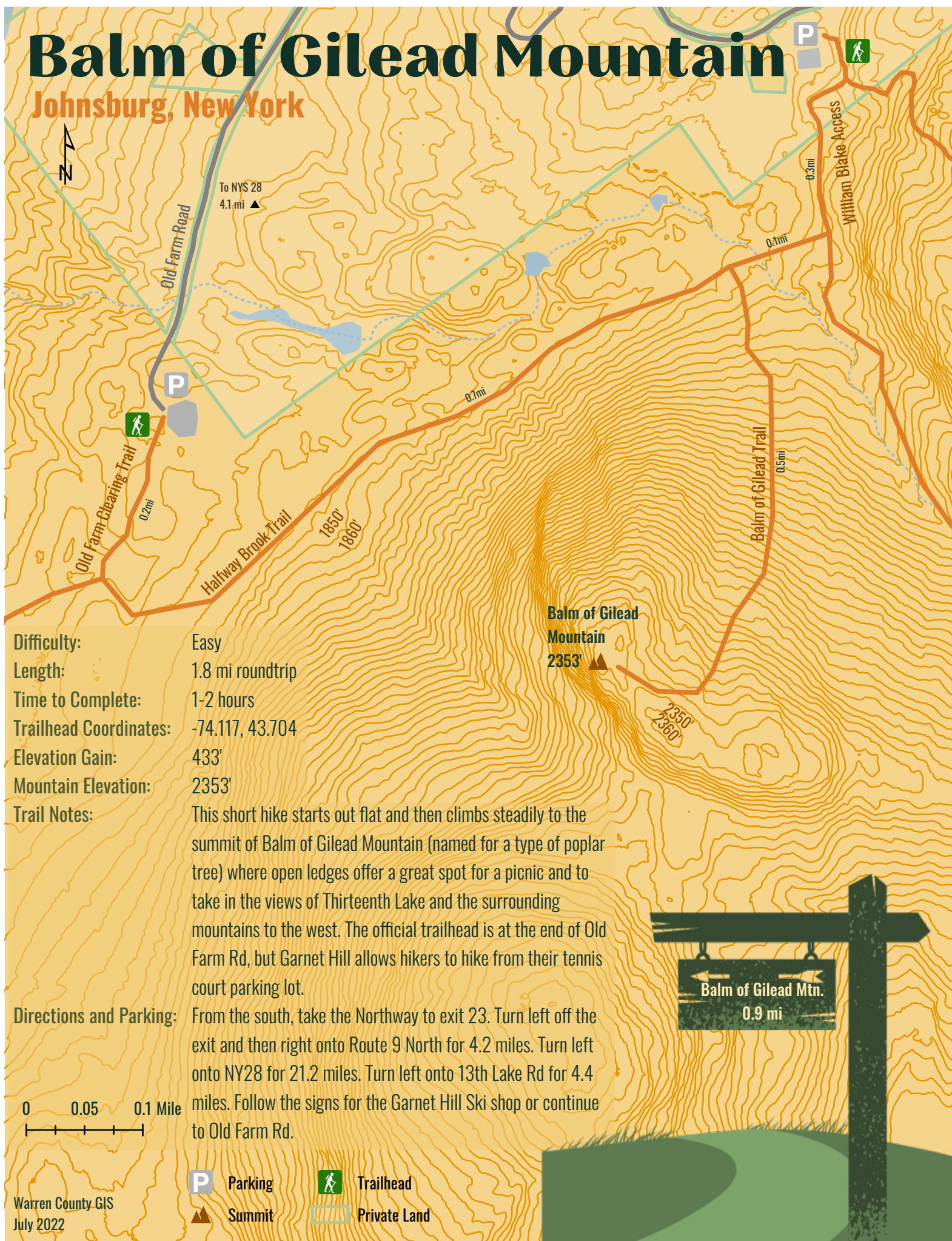


# Balm of Gilead Mountain

Johnsburg, New York



**Difficulty:** Easy  
**Length:** 1.8 mi roundtrip  
**Time to Complete:** 1-2 hours  
**Trailhead Coordinates:** -74.117, 43.704  
**Elevation Gain:** 433'  
**Mountain Elevation:** 2353'  
**Trail Notes:**

This short hike starts out flat and then climbs steadily to the summit of Balm of Gilead Mountain (named for a type of poplar tree) where open ledges offer a great spot for a picnic and to take in the views of Thirteenth Lake and the surrounding mountains to the west. The official trailhead is at the end of Old Farm Rd, but Garnet Hill allows hikers to hike from their tennis court parking lot.

**Directions and Parking:** From the south, take the Northway to exit 23. Turn left off the exit and then right onto Route 9 North for 4.2 miles. Turn left onto NY28 for 21.2 miles. Turn left onto 13th Lake Rd for 4.4 miles. Follow the signs for the Garnet Hill Ski shop or continue to Old Farm Rd.

0 0.05 0.1 Mile

**P** Parking  
**▲** Summit  
**■** Trailhead  
**---** Private Land

