

Biking is a favorite way to recreate for millions of Americans and there's no better place to ride than the Gore Region! Whether you're out for a casual ride with the family, looking for an intense workout or seeking the thrill of mountain biking, we've got something for everyone. The Ski Bowl Trails



The North Creek Ski Bowl has miles of well-marked, professionally designed and constructed trails for you to explore. The terrain here varies in difficulty from easy to expert and the trails vary in length from .3k to 2.3k. It's best to know your path before heading in. These trails really have it all and are perfect for casual bike rides or mountain biking. No matter your style, you'll love being surrounded by the natural beauty of the Gore Region.

The Carol Thomas trail, which connects to all of the other trails in the park, begins at the Johnsburg Town Hall on Main Street in North Creek, off NYS Route 28. Parking is available at the Town Hall.

Gore Mountain offers lift tickets and access to mountain bike riding on both single track and ski trails. <u>Garnet Hill</u> offers mountain biking trails on its private land, along with providing rentals and shuttle service.



The Gore Region Recreation Mapper breaks down various loops and rides which you can follow via GPS along with a downloadable cue sheet to follow. Keep in mind you do not have to travel the full length of these rides to get a unique Adirondack experience.

Two of these rides begin and end in the heart Johnsburg:

- North Creek to Thurman: The ride starts and ends at <u>Basil & Wick's</u> on Route 28. You ride north on Route 28 and turn left onto Peaceful Valley Road to start the cue sheet directions. This ride follows a scenic 40-mile route that takes you on quiet North Country roads through peaceful forests and a rolling terrain.
- North Creek to Irishtown: This 30.7 mile road ride Starts at Ski Bowl Park and takes you to Olmstedville, along Trout Brook, then up into the remote areas of Hoffman Notch and Irishtown - a bitt hilly - returning on smooth, swoopy Route 28N.

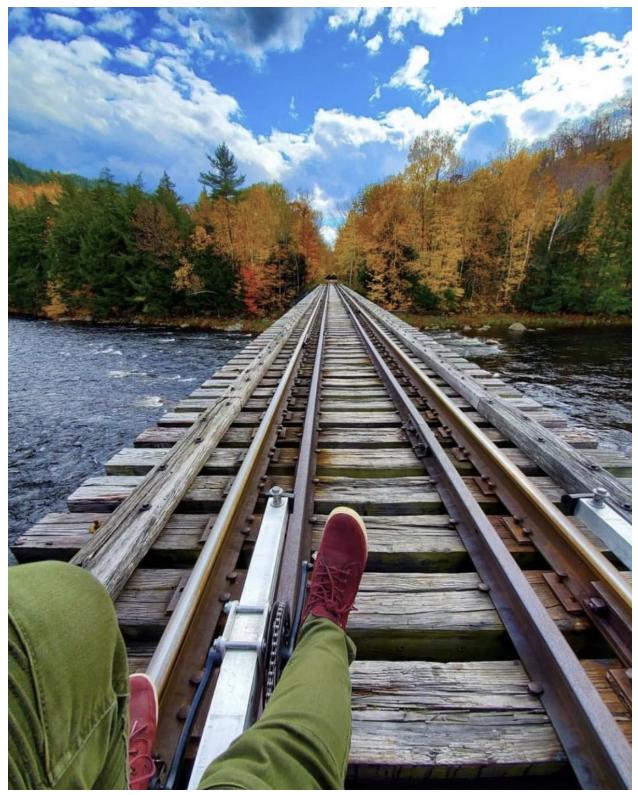


Photo courtesy of Revolution Rail

If you're looking for a truly unique biking adventure, try rail biking with <u>Revolution</u> <u>Rail Co.</u> Each tour begins at the historic<u>North Creek Train Depot</u> and from there you peddle the rail bikes on the train tracks at a leisurely pace for 7 miles (2.5 hours). Railbiking is accessible for nearly all ages and ability levels. The Gore Region truly has something for every type of biking enthusiast. We make it easy to find a way to make your Adirondack experience special. We hope to see you and your family here very soon!