

WARREN COUNTY PARKS, RECREATION AND RAILROAD COMMITTEE
MEETING

February 28, 2012
9:30 am

AGENDA

CALL TO ORDER..... Chairman Ralph Bentley
APPROVAL OF MINUTES..... Chairman Ralph Bentley
NEW BUSINESS..... Chairman Ralph Bentley

Page #

Presentation : Draft of the Warren County Bike Plan.....Kate Mance- AGFT/C

Make the Connection Grant Awards.....Jeff Tennyson/Kate Mance

- Bikeway Road Crossings
- Cameron and Lawton Ave,Connections
- Westbrook Rd. Sidewalk

1- 8 (R) Ragnar Relay Adirondacks 2012 – Use of Warren County BikewayPaul Butler

- September 28 and 29, 2012
- Saratoga Springs, NY to Lake Placid, NY
- 200 mile overnight relay race (runners)
- Bikeway use between Cooper Street, GF to Fort George Road, LG
- On Bikeway : Friday, 9/28/12 approx. between 2pm – 1 am

Saratoga North Creek Railway - Update.....Steve Torrico

Items of Interest:

Up Yonda Farm: - Glens Falls Foundation Grant Award

- Grant Application on November 2011; Award date 1/20/12 - \$2,000.00.
- For outreach programs in lieu of payment from schools (Applied for \$4,850)

9. UpYonda Farm: – Sunday, March 4, 2012Info. & Schedule Enclosed

- Pancake Breakfast between 9 am – 12:45 pm (Reservations are required for breakfast)

Come For Breakfast: \$7/person, (members: \$4.00/person) 3 yrs and under- free
Please call 644-9767 to make your reservations.

* Pancake Breakfast price includes Maple Festival Admission.

- ALL Day Maple Festival is from 9am – 2 pm (No reservations are needed for Maple Festival)

Come for the Maple Festival: \$4/person, (members: no charge)
Enjoy a guided tour our Sugar House where we make our own Maple Syrup!
Learn how to extract sap: Tree Tapping Demonstrations,
Sample and purchase maple syrup and other maple products ! !

**WARREN COUNTY PARKS, RECREATION AND RAILROAD COMMITTEE
MEETING**

**February 28, 2012
9:30 am**

OLD BUSINESS..... Chairman Ralph Bentley

REFERRALS..... Chairman Ralph Bentley

- 1) With reference to the Committee's request for the County Attorney's Office to research the property in the Town of Johnsbury owned jointly by the Town and the County to determine whether sale or transfer to the Town is appropriate, Mr. Dusek has advised that a temporary solution has already been approved allowing the Town use of the property and that the matter would be deferred for the attention of the new County Attorney. (06.28.11)
- 2) Relative to written comments provided by resident Tanya Tobias-Tomas, Mr. Tennyson will be meeting with Ms. Tobias on February 13, 2012 to discuss her railroad related concerns and will provide the Committee with an update on the matter at their next meeting. (02.02.12)
- 3) Request from Saratoga/North Creek Railway for use of high rail vehicles & equipment referred to the County Attorney for review. (09.01.11)
- 4) Committee tabled discussion on the Capital Improvement and Cost Sharing Plan presented by Iowa Pacific relative to the rail line for further consideration at their next meeting. (02.02.12)

PRIVILEGE OF THE FLOOR..... Chairman Ralph Bentley

ADJOURNMENT..... Chairman Ralph Bentley

RESOLUTION REQUEST FORM NO. 20

MISCELLANEOUS

****Please List All Other Requests Not Covered by Previous Resolution Request Forms Here.
Please attach any backup information available and be as detailed as possible.***

DEPARTMENT NAME: Parks, Recreation & Railroad

DATE: 2/28/12

- (a) Purpose of Request: Authorize (Ragnar Relay Adirondacks 2012) runners and support people on the Warren County Bikeway after sunset on Friday, September 28th, 2012 . The race Director, Courtney Mitchell, anticipates all runners and all support people will be off the Warren County Bikeway by 2 am Saturday morning, September 29th. Anticipated support/safety crew on the bikeway will consist of 2-3 individuals on bicycles and there will be intermitant watering stations along the bikeway for the runners.

- (b) Details: Request Attached : Contact : Courtney Mitchell, New York Race Director, Ragnar Relay Series, Ragnar Events, LLC. , 1188 W. Sportsplex Drive, Suite 201, Kaysville, UT , 84037 phone : 1-877-837-3529 cell : 1-914-475-7479 fax : 1-801-499-5023

- (c) Previous Resolution Number: N/A

December 12, 2011

Paul Butler
Director, Warren County Parks, Recreation & Railroad
Phone: (518) 623-2877

**RE – Letter of Request for the Ragnar Relay Adirondacks 2012
Use of the Warren County Bikeway**

Paul:

I would like to formally request permission for the use of part of the Warren County Bikeway for the Ragnar Relay Adirondacks on September 28 & 29, 2012. This event is a 200-mile overnight running relay race from Saratoga Springs to Lake Placid, NY.

Attached, please find information on the race route, use of the bikeway, and other general information for the Ragnar Relay Adirondacks. Please let me know if I can provide you with any additional information that would be helpful in gaining permissions from your department for this use.

Included information:

- A. Description of Event
- B. Date & Hours of Event
- C. Estimated Attendance & Parking
- D. Food, Alcohol, Entertainment, & Temporary Structures
- E. Portable Restrooms
- F. First Aid
- G. Insurance
- H. Waste Receptacles
- I. County & DOT Permits
- J. Race Route
- K. Traffic Control Measures
- L. Police Assistance

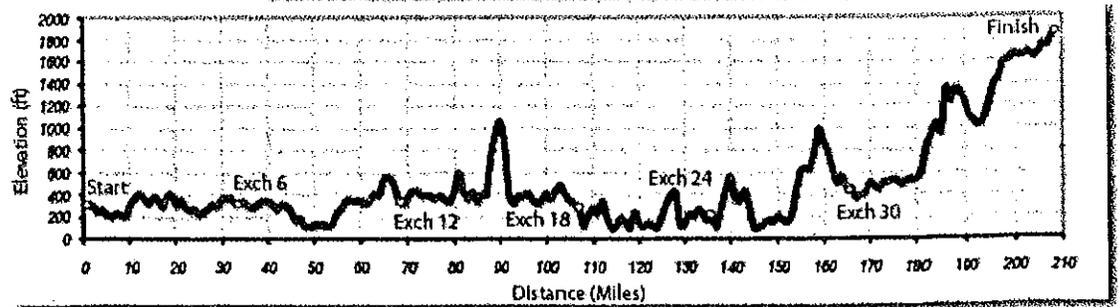
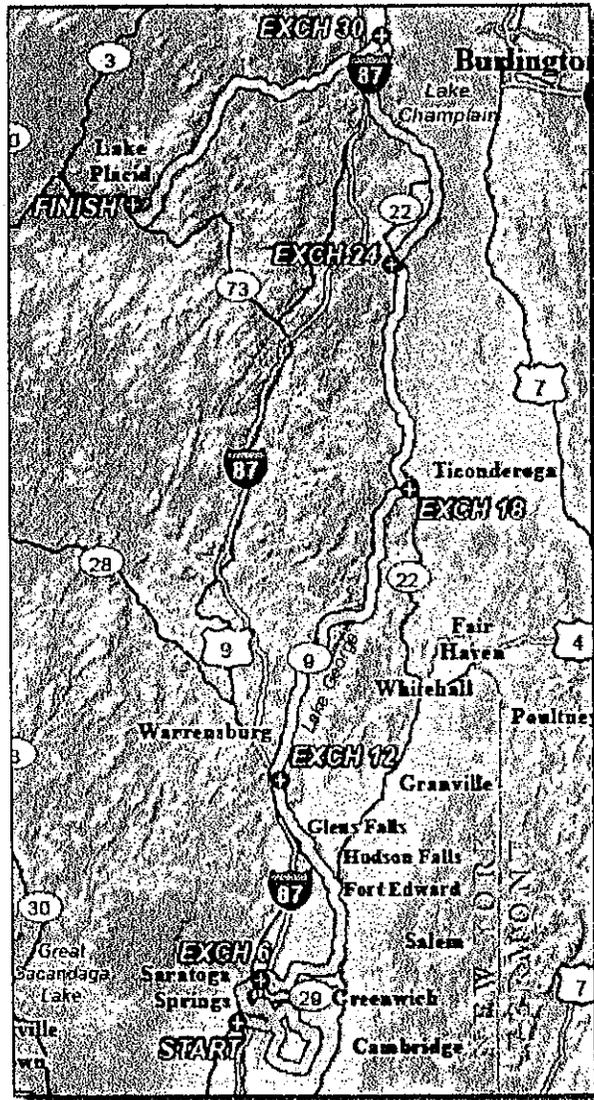
We believe in providing a quality event that is safe and fun for participants and all involved. I appreciate all the assistance you have offered in our initial steps and look forward to continuing this conversation as we finalize the details of our race.

I look forward to hearing back from you.
Sincerely,

Courtney Mitchell

Courtney Mitchell | New York Race Director
1188 W. Sportsplex Drive | Suite 201
Kaysville, UT 84037
P 877.83-RELAY | F 801.499.5023 | C 914.475.7479
courtney@ragnarrelay.com | www.ragnarrelay.com

MAGNAR RELAY ADIRONDACKS - COURSE OVERVIEW



A. Description of Event

The Ragnar Relay Adirondacks is a long distance running relay race that will start in Saratoga Springs, NY on Friday, September 28th, 2012 and finish in Lake Placid, NY on Saturday, September 29th, 2012. We anticipate 300 teams to participate in the 2012 Ragnar Relay Adirondacks. Each team is comprised of 12 individuals and two transport vans. Therefore, we anticipate 3,600 participants and 600 vehicles to be involved in the race.

Since the race is a relay, only one person from each team will be running on the course at one time (the rest of the team is driving in the two vans). That means there will only be 300 runners on the course at a time. These runners will be very spread out. We will start the first runners in Saratoga Springs at 6:00am and the last runners at approximately 2:00pm. This averages out to about one runner every five to fifteen minutes, which is typical of Ragnar Relay races. Runners obey all traffic laws and stay with the normal flow of pedestrian traffic. Our race course typically follows sidewalks, running paths, bike lanes, and road shoulders and has participants running facing traffic. We do not foresee a need to close any lanes of traffic or close any running paths to pedestrian or bike traffic. All participants are required to wear reflective vests, headlamps, and LED lights during nighttime hours (5:30pm-7:30am).

To reiterate, the event will not close, block, alter, or interrupt the flow of pedestrian, bicycle, or vehicular traffic.

B. Date & Hours of Event

We anticipate the first runner to enter Stillwater at approximately 6:45am on Friday, September 28th, 2012 and the last runner to leave the town by 5pm on Friday, September 29th, 2012.

C. Route on the Warren County Bikeway

Runners will begin the route on the bikeway on Cooper Street in Glens Falls. One runner per team will run approximately 5.5 miles where they will turn left onto Ash Drive, left onto Glen Lake Road and meet their next runner in the parking lot of the Warren County Municipal Center. The next runner will run back down Glen Lake Road where they will rejoin the bikeway and continue on it until the end at Million Dollar Beach, Major Exchange Point #12.

D. Estimated Attendance & Parking

As stated above, we anticipate 300 teams to participate in the Ragnar Relay Adirondacks 2012. Each team is comprised of 12 individuals and two transport vans. Therefore, we anticipate 3,600 participants and 600 vehicles to be involved in the race.

There will be 300 runners on the bikeway, spread out between the hours of roughly 3:00pm and 12:00am. Due to the staggered nature of our start times, there will never be a large group of runners at any one location. Typically, the group of 300 runners will be spread out over 30-40 miles at any given time. 300 vehicles will also pass through the area during these same hours and at about the same frequency of runners. The vehicles will, of course, obey all traffic laws.

E. Exchange Points

Exchange Points are the locations at which teams congregate to meet their current runner and send off their next runner. Exchange Point Locations are chosen at locations that provide adequate parking for team vehicles and allow runners a safe location to exit the vehicle, as to minimize impact on local traffic and keep participants safe. We are currently in the process of contacting and beginning the process of obtaining permission for these **exchange points at the following locations that would pertain to the bikeway:**

Exchange 11: Warren County Municipal Center

- The runners would exit the bikeway onto Glen Lake Road, exchange the baton at the lot and the next runner would go back down Glen Lake Road and continue on the bikeway towards Lake George.

F. Portable Restrooms - Portable toilets will be provided at each exchange point. There will be 5-6 portable toilets each at Exchanges 11, but **none on the bikeway**. All toilets will be provided with secondary containment. Portable toilets will be setup, serviced, cleaned, and removed by a local vendor hired by Ragnar Events, LLC.

G. First Aid - First-aid stations and first-aid staff will be located at the Major Exchanges, **none of which are on the bikeway**. These first-aid stations will be equipped to handle extreme dehydration, heat stroke, and all of the minor sport injuries we often experience, including; blisters, sprains, strains, stings, etc. We hire first aid workers (EMT intermediate or above), either through a medical staffing agency or directly through local hospitals or emergency service personnel.

In the event of a major medical emergency (i.e. any life threatening condition or injury that requires immediate medical attention) we instruct runners/volunteers to first call 911. The line of communication then follows: 911 → Race Director → Assistant Race Director → Course Manager for that section.

In addition to our own first aid services on course, we list the local emergency rooms near the course, along with their address and phone number in the race packets.

H. Insurance

Insurance will be provided to the Dept of Parks, Recreation & Railroad, if requested, indicating that it will be covered under the insurance of Ragnar Events, LLC for the duration that the event is utilizing the bikeway. Additionally Insured Paperwork will be provided to you prior to the event.

I. Waste Receptacles

Waste receptacles will be placed throughout each exchange point. Volunteers will maintain waste receptacles and replace trash liners as required. At the end of the event, trash will be collected at all of the exchanges and transported to Exchange 12 in Lake George.

J. DOT and City Permits

Permission for the race and all relevant permitting procedures will be completed with the New York State Department of Transportation. In addition, we will obtain all relevant permits from the counties that our race passes through including Saratoga.

K. Race Route *(Please see attached overview map)*

The race will start in Saratoga Springs on Friday, September 18th, 2012 around 6:00am. Runners will make their way through Saratoga and north into Lake George. They will continue north up 9N into Essex County through Ticonderoga until reaching just south of Keeseville where they will turn west towards Wilmington and drop into Lake Placid from the north. The runners will finish just outside the town at the Lake Placid Horse Show Grounds from roughly 10am-7pm on Saturday, September 29th, 2012.

L. Traffic Control Measures

All traffic control measures are to be set up, maintained, and removed by a vendor hired by Ragnar Events, LLC. Once the plans are finalized, if any are within the town limits, we can provide you with that information.

M. Police Assistance

We will be looking to utilize police assistance (local, state, or park police) on the course in strategic places where runners need to cross large intersections or we need help with traffic flow. Locations will be determined closer to the event.

Paul Butler

From: "Laura Lane" <llane@warrencountydpw.com>
To: "Paul Butler" <pbutler@warrencountydpw.com>
Cc: "Tim Benway" <tbenway@warrencountydpw.com>
Sent: Tuesday, February 21, 2012 8:52 AM
Subject: Fw: Ragnar Relay Adirondacks - Nighttime Running Requirements

----- Original Message -----

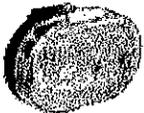
From: Courtney Mitchell
To: llane@warrencountydpw.com
Sent: Monday, February 20, 2012 1:51 PM
Subject: RE: Ragnar Relay Adirondacks - Nighttime Running Requirements

Laura –

Here is some more detailed information in what we would be looking to do as far as "lighting" the Bikeway for our race during the nighttime hours. Please remember as well, the runners are required to have on a headlamp or carry a flashlight, so they are lighting the way for themselves as well. We will also have bike patrol (typically volunteers) riding up and down the path to check on the runners and make sure everything is going smoothly.

The best methods of lighting bike paths & trails that we have found to be the most successful for our runners are the below items used. We have done this on many of our courses around the country and have found it to be the way to go in regards to giving the runners some light and the best feedback we have received.

This is a red LED light that has the ability to be put on a blinking setting. We would plan to drop these along the bike path every 50 yards or so in order to create a path for the runner to follow. They are very familiar with this procedure and know to always look for the next blinking LED.



We also have the below beacons (mainly in the clear/white color) that put off a wonderful amount of light as well. We would plan to place some of these in key locations along the bike path as well.



Due to this being an open road race, our runners know and are aware that they might be running at night on roads that are not well-lit or not lit at all. It is part of the adventure of running a Ragnar. We of course want to do what we can to help them out and make them feel comfortable, so this has been our best procedure in place.

If you have any more questions, please do not hesitate to contact me at any point.
Thank you,
Courtney

Courtney Mitchell | New York Race Director
Ragnar Relay Series | Ragnar Events, LLC
1188 W. Sportsplex Drive | Suite 201
Kaysville, UT 84037
P 877.83-RELAY | F 801.499.5023 | C 914.475.7479
courtney@ragnarrelay.com | www.ragnarrelay.com

Check us out on Facebook:
<http://www.facebook.com/TheRagnarRelaySeries>

From: Courtney Mitchell
Sent: Monday, February 13, 2012 10:44 AM
To: 'llane@warrencountydpw.com'
Subject: Ragnar Relay Adirondacks - Nighttime Running Requirements

Laura –
Here is some more detailed information on our nighttime running requirements. Please let me know if you have any other questions.

From our Race Bible (official race rules document)

12.C) Running & Participating at Night

The following nighttime rules have been developed to help insure the safety of ALL participants.

- o Official Nighttime Hours can be found on Page 5 (5:30pm-7:30am)
- o **ALL runners must wear night gear during the Official Nighttime Hours** – Reflective Vest, Headlamp (or flashlight) and Blinking LED Taillight.

- **ALL participants must wear reflective vests during the Official Nighttime Hours** everywhere on the course, including exchanges.
- Pacers may be used but **ONLY** during nighttime hours (See Page 5). Pacers **DO NOT** have to be a member of the team. Running pacers can run with the runner but **MUST** run in single file. Bike pacers may **ONLY** be used on trails. Pacers **MUST** wear the same night safety gear as the runner (reflective vest, headlamp, and LED).
- If you choose to have a van driver, who is not a runner, the driver must also adhere to these safety guidelines.

I will be looking to use a little bit of lighting on the bikeway as well as bike patrol. The lighting that typically works best is blinking red LEDs along the route. The runners have a headlamp on that lights the path for them, but this helps them see the route in the distance. The bike patrol will also have lighting on them and will ride back and forth on the bikeway to ensure the safety of the runners. The teammates are also allowed to meet their runners at any access points on the bikeway to check on them, provide them water, etc.

I hope this helps you understand our plan for the nighttime running on the bikeway. If you have any other questions, please do not hesitate to contact me.
Thank you for your time,
Courtney

Courtney Mitchell | New York Race Director
Ragnar Relay Series | Ragnar Events, LLC
1188 W. Sportsplex Drive | Suite 201
Kaysville, UT 84037
P 877.83-RELAY | F 801.499.5023 | C 914.475.7479
courtney@ragnarrelay.com | www.ragnarrelay.com

Check us out on Facebook:
<http://www.facebook.com/TheRagnarRelaySeries>

Up Yonda Farm
Environmental Education Center

P.O. Box 1453
5239 Lake Shore Drive
Bolton Landing, NY 12814

MAPLE
FESTIVAL

**PANCAKE BREAKFAST & MAPLE FESTIVAL AT UP YONDA FARM
SUNDAY MARCH 4TH, 2012**

Pancake Breakfast - 9am to 12:45pm, 45 minute seatings

Enjoy breakfast prepared by our naturalists, complete with pancakes, real maple syrup, eggs, sausage and bacon.

RESERVATIONS REQUIRED, \$4 Members, \$7 Non-Members

** Price includes Maple Festival Admission*

Maple Festival - 9 am to 2 pm, \$4 Non-Members, Members Free

Sugarhouse Tour & Tapping Demonstrations -

Whether you join us for breakfast or not, enjoy a guided tour of our Sugarhouse and sample some of our tasty syrup! Learn how we extract the sap from maple trees and try it yourself.

Sample & Purchase Delicious Maple Products

Valley Road Maple Farm of Thurman, NY will be on the grounds to make sure visitors don't have to go home without some of their favorite maple products.



To make a reservation
for the Pancake
Breakfast or for more
information, please call
644-9767 or visit our
website at
www.upyondafarm.com