

Joan's copy

**SOCIAL SERVICES COMMITTEE AGENDA  
Countryside Adult Home [March 2013]**

**Action Agenda**

- 1) **Request:** Permission to fill a part time Institutional Aide position (32 hours week) due to retirement.

**Rationale:** DOH requires that we have (1) Institutional Aide on per 40 residents. This will help us meet this requirement. This will be an approximate cost savings of \$1,639/year (50% local share).

**Old Business/Pending Items**

- 1) Committee to review the full report which was prepared two years ago, relative to the operations of Countryside Adult Home . (11.28.12)

**Topics for Discussion**

- 1. Overtime – 128.7 hours for the past two pay cycles [including holiday], ↑77.3 hours overall from last year's figures.
- 2. Current Census: 42 Residents
  - a. 14 Men, 28 Women
- 3. Monthly Statistics:
  - a. Long Term Residents
    - 1. Referrals: (8), (1) day care program, (1) admitted, (3) pending, (1) not interested in placement at this time, (1) will be evaluating next week, (1) nursing home level of care
    - 2. Admissions/Discharges: (4) admission, (2) discharges

Countryside Adult Home - Overtime Report

Week Ending	2013 OT Hours	2012 OT Hours	2011 OT Hours	2010 OT Hours	Includes Holiday	Net Difference from 2011	Difference to Date from 2011	1st Shift Hours [OT]	2nd Shift Hours [OT]	3rd Shift Hours [OT]
01/13/13	97.5	75.5	91.5	101.7	New Years	↑22	↑22	1370[55.5]	251.5[25]	268[17]
01/27/13	87	4.5	12.5	10.9	Martin Luther King	↑82.5	↑104.5	1370.5[45]	261.4[19.5]	275[22.5]
02/10/13	6	81.4	84.6	126.5		↓75.4	↑29.1	1281[5]	220[1]	258
02/24/13	113.2	0	3	27.8	Presidents Day	↑113.2	↑142.3	1362[61.5]	268.5[25.7]	274[26]
03/10/13	15.5	80.5	89	169.1		↓65	↑77.3	1358	274[7.5]	271[8]
03/24/13		0	8	4.5						
04/07/13		12.5	7	34.3						
04/21/13		0	0.9	11.5						
05/05/13		14	13	23						
05/19/13		16	10.4	9.5						
06/02/13		5.5	0.4	13	Memorial Day					
06/16/13		97	95	118.3						
06/30/13		0	3.5	55						
07/14/13		8.5	9.5	95.5	Independence Day					
07/28/13		93	114	56						
08/11/13		29.4	8	4.9						
08/25/13		8	12.5	13.5						
09/08/13		0	41.9	39.5	Labor Day					
09/22/13		93.5	114.3	102.5						
10/06/13		0	0	10.5						
10/20/13		8	0	22	Columbus Day					
11/03/13		80.5	89.9	89.5						
11/17/13		26	23.5	15	Veteran's Day					
12/01/13		93	88.2	122	Thanksgiving					
12/15/13		107	101	129.8						
12/29/13		2	0	70.3	Christmas					
<b>TOTAL</b>	<b>319.2</b>	<b>1035.3</b>	<b>1121.1</b>	<b>1605</b>						

# RESOLUTION REQUEST FORM NO. 12

Schedule "A"

## NOTICE OF INTENT TO FILL VACANT POSITION

This notice of intent is filed whenever a department head plans to fill an *existing* funded position in their budget that is vacated due to a retirement, resignation, termination or promotion. This notice may not be used for requests to create a new position. For complete instructions on the procedure to be followed, see the reverse of this form.

### DEPARTMENT HEAD COMPLETES THIS SECTION

Department COUNTRYSIDE ADULT HOME Payroll Dept. No. 6030  
Title of Position INSTITUTIONAL AIDE Annual Salary \$24,715 (32hrs/week) Grade3  
Budget code and title A.6030.130 Union  Non-Union   
This position is vacated due to:  Retirement  Resignation  Termination  Promotion  Other  
Employee No. 10658  
Is this position mandated?  Yes  No Is the position reimbursable?  Yes  No  
Source of reimbursement:  Federal %  State 50%  Other %  
Impact to Budget: APPROXIMATE SAVINGS OF \$1,639.00(local share)  
Personnel Officer has approved this form when initialed. \_\_\_\_\_

### COUNTY ADMINISTRATOR COMPLETES THIS SECTION

Name of Committee \_\_\_\_\_ Date \_\_\_\_\_  
 The Administrator has no objection to the filling of the vacancy.  
 The Administrator objects to the filling of the vacancy.

Administrator Signature \_\_\_\_\_

### SUPERVISORY COMMITTEE COMPLETES THIS SECTION

Name of Committee Social Services Date 3/22/13  
 The committee has no objection to the filling of the vacancy.  
 The committee objects to the filling of the vacancy.

Ranking Committee Member Signature William Cook

### PERSONNEL/HUMAN RESOURCES COMMITTEE COMPLETES THIS SECTION

Date \_\_\_\_\_  
 The Personnel/Human Resources Committee has no objection to the filling of the vacancy.  
 The Personnel/Human Resources Committee objects to the filling of the vacancy.

Ranking Committee Member Signature \_\_\_\_\_

Warren County Department of Social Services  
COUNTRYSIDE ADULT HOME

ANNUAL REPORT FOR 2012

Countryside Adult Home is an adult care facility located at 353 Schroon River Road in Warrensburg, NY. Our mission is to provide supervised assistance with activities of daily living to the frail and aging population of Warren County, NY. Countryside offers adult day care services on site as well, and is the new location of the Warrensburg Meal Site.

**REFERRALS**

In 2012, Countryside Adult Home received a total of fifty three (53) referrals. Of these referrals, twenty three (23) were men, and thirty (30) were women. Of the 53 referrals, six (6) were from other counties or other states, and four (4) did not give an address. The remaining referrals for 2012 came from the following towns/cities:

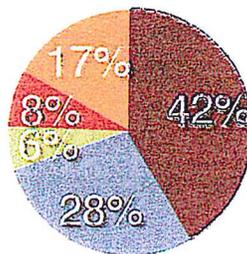
Queensbury (8)  
Warrensburg (10)  
Bolton Landing (3)

Lake George (5)  
Glens Falls (11)

Chestertown (4)  
North Creek (2)

The following chart represents the sources where our 2012 referrals came from:

● Self/Family    ● GFH    ● MD/Other    ● County    ● Nursing Home



Of the 53 referrals that we received in 2012, thirteen (13) were admitted. Explanations for why the remaining referrals were not admitted are as follows:

Returned Home (4)  
Too Complex (11)

Another County/State (6)  
No Longer Interested (10)

Not Ready Yet (8)  
Died (1)

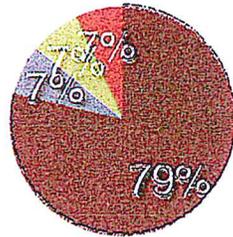
**ADMISSIONS**

In 2012, we had a total of thirteen (13) admissions. Of these admissions, there was six (6) man and seven (7) women. Four (4) were Medicaid/Temporary Assistance, and nine (9) were private pay. Two (2) of these admissions were for respite care, one (1) of which has returned to the facility for another respite stay, and will be returning long term in 2013.

## DISCHARGES

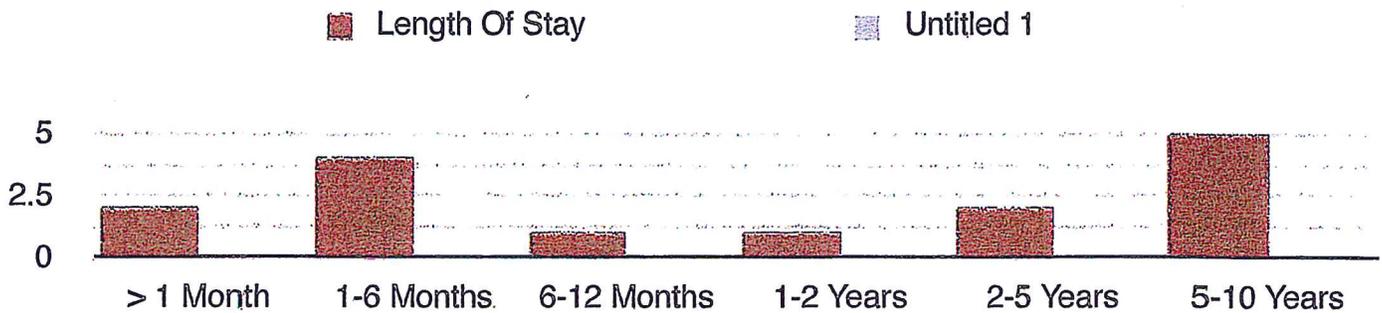
There were twelve (15) discharges in 2012. The discharges were for the following reasons:

● Nursing Home     
 ● Home     
 ● Respite     
 ● Deceased



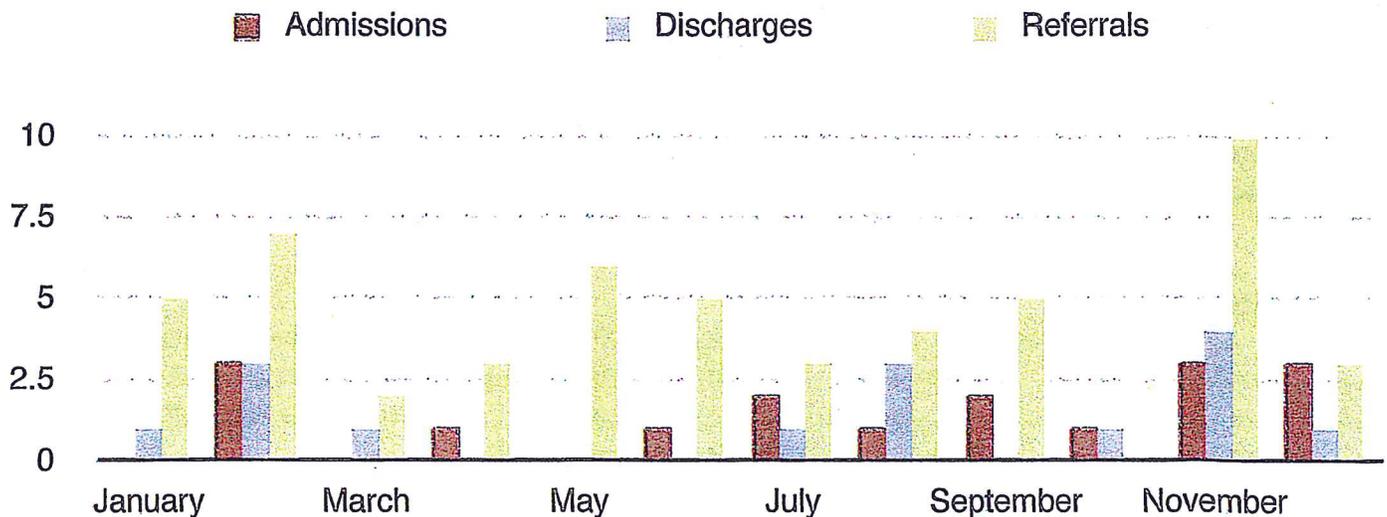
Those residents discharged to the hospital, or an area nursing home, required skilled services that we are not able to provide at the adult home level. Two (2) of those residents who was discharged to a rehab facility, returned to Countryside after completion of their rehabilitative program.

The length of stay for those residents who were discharged in 2012 is as follows:



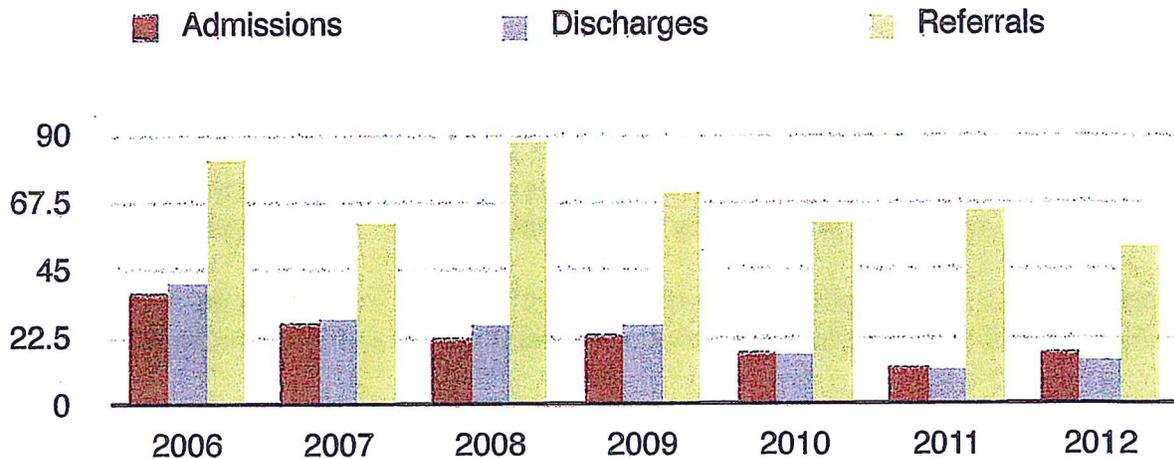
## COMPARISON BY MONTH

The following is a breakdown of the number of admissions, discharges and referrals according to month:



## COMPARISON TO PREVIOUS YEARS

The following is a comparison of the number of admissions, discharges, and referrals for the years 2006 until 2012:



## ACTIVITIES

“In-house” activity programs included BINGO, trivia, sing-a-long, Karaoke, church service, crafts, exercise class, campfires, movies, the monthly birthday celebration and holiday parties. During the 2012 year, some of the “out-of-house” activities that our residents enjoyed were; apple watching at Hick’s Orchard (as there were no apples to pick this year), the annual spelling bee competition with Westmount, the senior citizens picnic, and the balloon festival, as well as shopping trips to Walmart and the Family Dollar. There were several groups that came to entertain at the facility as well including; Frank & Friends, the Girl Scouts and Boy Scouts, Glamour Girls, Melodies with Emily, Cliff & the Kitchen Pickers, The Desperados, and several classes from the Warrensburg school district. The facility hosted our annual family picnic this year, as well as the Haunted Hallways, the Christmas Bazaar, and participated in the World’s Largest Garage Sale. Warren County employees also adopted two of our residents this past Christmas, and their generosity was greatly appreciated.

## MAINTENANCE

The Maintenance department worked very hard this year renovating the Activity Room in anticipation of the relocation of the Warrensburg Meal Site to Countryside. And has begun renovating the resident rooms, adding fresh paint and privacy curtains. We also continued to assist both Cornell Cooperative Extension and Soil & Water with snow removal, although there was not much this past year.

## OTHER

The facility continued to see additional revenue from continuing efforts with the VA Aide & Attendance program. In 2012, the residents received over \$100,000 in funds from the VA. One of our residents received a back payment of \$19,728 and another received a back payment of over \$250,000 (she had filed an original claim in the 1980s that had been denied). While the facility did not receive this money, she is now considered private pay and no longer receiving assistance from the County for both her stay and medical expenses.

Countryside continues to operate a Social Adult Day Care program on the premises. While, the additional revenue is not large, it is an extra \$6,120 that we would not have received otherwise. We have been working very hard this year to advertise everything that the facility has to offer, including sending out over 2000 postcards to residents of Warren County, and distributing brochures to area providers and agencies.

With the assistance of the staff from the Office for the Aging, the Warrensburg Meal Site was relocated to Countryside Adult Home in June. We have continued to see steady participation in this program and facility staff have worked very hard to make this transition a positive one.

In November of 2012, Countryside received it's second citation free survey from the Department of Health. Facility staff did a phenomenal job accomplishing this, and the County should be very proud.

## COUNTRYSIDE ADULT HOME DEBATE – 1.15.13

### HISTORY

In 1824, NYS passed law, “establishing County Poorhouses,” in each County in New York. Initially, these “poorhouses” were established to care for the poor or indigent population of New York. NYS Law recommends the “establishment of county poorhouses on suitable lands not exceeding 200 acres, with expenses for such care to be defrayed by levying taxes on the real and personal estate of the inhabitants of the County.”

In 1830, County records reveal an oath of office for Superintendents of the Poor, dated October 13, 1830, “...I will faithfully discharge the duties of Superintendent of the Poor of the County of Warren according to the best of my ability.” Signed by Stephen Griffin, Jabez Briggs, and George Woodward before Thomas Archibald, Clerk.

Over the years, there has been a transition from “poorhouses” to adult homes, serving the frail and elderly population of each County. Since 1973 alone, Countryside has served over 470 residents of Warren County.

### MORAL & ETHICAL OBLIGATIONS

One of the biggest objections to Warren County operating Countryside is the cost to the tax payers. We would be remiss if we didn't realize that the residents of Countryside are all from Warren County as well.

One thing that you will see at Countryside, and not at a typical adult home, are the more medically complex individuals...people on oxygen, diabetics on insulin, dialysis patients, individuals with open areas or wounds, individuals requiring different food textures or liquid consistencies.

Take Jane Doe, a 60 year old female, Diabetic on a sliding scale of insulin, with frequent wound issues on her right foot, requiring daily wound treatments at different times throughout her 3 year stay with us.

Or James Smith, a 39 year old male, who is deaf, legally blind, diabetic on dialysis, with similar wound care issues. Through the meticulous attention and care from our staff, James lived at Countryside for 2 years before he passed away peacefully in his sleep. This is a gentleman who was not able to live alone, but didn't belong in a nursing home.

Lastly, there is Robert Jones, an 89 year old gentleman, who was on dialysis and lived with us for 10 years. The average life expectancy of someone on dialysis is 3-5 years.

These are individuals who would typically be in a nursing home, not an adult home. We pride ourselves in being able to care for these medically complex residents due to

the experience, attention, willingness to provide and compassion of our staff.

If Warren County decides to close Countryside, 40(+) individuals are going to lose their homes. All of these individuals and their families have made the difficult decision to leave their homes when they moved into Countryside. Now they are going to be forced to leave the place they now call their home. Some of our residents have lived at Countryside for over 15 years.

If Warren County decides to close Countryside, 28 of our tax payers, are going to lose their jobs...their income...their way of providing for their families. These are individuals who live in your community. The majority of our staff have been there for 10, 15, 20 years. There isn't a high rate of turnover, and this is why our employee costs are higher...our staff are dedicated and we should be proud of this.

Then there is the cost to the local economy. The bulk of our supplies come from local vendors, and the bulk of our services are provided by local companies as well. Companies such as Hudson Headwaters, Jack Toneys, Leland, Braley & Noxon, Curtis Lumber, to name just a few. These are all companies who contribute to the tax revenue for Warren County.

In the analysis already completed on the operating costs of Countryside, it was determined that if Warren County decides to close Countryside, there would be a "probable" cost of \$443,244 for the first year, and \$252,560 each subsequent year. This doesn't include monies out of the tax payers pockets for those who would then qualify for assistance from the County for HEAP, Food Stamps, Medical Coverage, Temporary Assistance, etc., both residents and staff.

#### WHERE WILL THEY GO

Many of you have asked the question, what will happen to the residents if Countryside is closed. There are three options, 1) return home or with a loved one, 2) transfer to another adult home, or 3) transfer to a nursing home.

For those residents who may be able to return home, 6 out of 40, this would require a commitment from their families, that may not be there. This would also mean additional hours from Public Health or Home Health Care agencies to provide services to them in the community that they would normally get from our staff. This would still be a cost to the tax payers. There is also the increased risk that they could suffer from a significant injury or medical crisis, prompting for admittance into a nursing home prematurely. Or an increase in visits to medical providers or hospitalizations, again all at an increased cost to the tax payers.

A little over half of our residents would be transferred into another adult home. However, keeping them local would be extremely difficult. Within a 30 mile radius, there

are 3 adult homes, two of which only accept private pay residents. Within a 60 miles radius, there is an additional 7 adult homes, one of which is Pleasant Valley. At this time, placement in this facility would still require the County portion from the tax payers. We might be able to place 1 resident in each of these facilities...that's only 7 out of 17 residents. Therefore, most of our residents would be placed more than 60 miles away from their home, their families. Just a reminder, while it would not be as much, the County would still have to pay a portion of the cost for each resident to say in these facilities.

Of the 43 residents in our facility, 20 would probably qualify for a nursing home. Within a 30 mile radius, there are 4 nursing homes. Within a 60 mile radius, there is an additional 10 nursing homes. We may be able to place our 20 residents in these facilities, but there is the possibility that there may not be a bed available or that the facilities will not offer a bed. While these 20 residents would qualify for nursing home placement, they are high functioning, which means the reimbursement rate for the nursing homes is low, and they may not accept them.

Although the County would not have any associated costs to provide for residents in a nursing home, the State cost would increase substantially. The average daily rate for a nursing home stay is \$296/day. The daily rate for Countryside is \$106.08/day. The State currently would be paying \$531,046/year for 43 residents, and now they would be paying \$1,386,416/year for 20 individuals.

\$189.92/day (difference between nursing home and adult home cost)
<u>    x 20 (number of residents)</u>
\$3,798.40
<u>    x 365 (days in a year)</u>
\$1,386,416.00

Should we be concerned about the increasing need for facilities such as Countryside. Between the years of 1943-1960, the average number of births each year increased by 4,000,000. This means that within the next 20 years, the average number of individuals looking for placement in an adult home, assisted living facility or nursing home, is going to increase drastically. If adult homes, assisted living facilities and nursing homes continue to shut their doors, where are these people going to go?

#### FINANCIAL

Countryside's proposed 2013 budget is 1.3 million dollars. The anticipated County share is \$531,000.

We deduct revenues from resident income, private pay residents, employee meals, etc. off the top. An estimated \$218,954/year. This leaves us with \$1,062,092. This amount is then divided in half, 50% or \$531,046 is the State contribution, and the other 50% is the County contribution.

## MEAL SITE

What happens with the Warrensburg Meal Site? As you are aware, the Warrensburg Meal Site was relocated to Countryside in June of this past year. Thus creating a more accessible and user friendly atmosphere for the meal site consumers, while also allowing Countryside to more fully utilize the space that we have. This was not a simple move, but we are committed to doing what it takes to make Countryside as beneficial to Warren County as we can. If Countryside is closed, where will the meal site go? It has been evident in the past that there are not many viable options in Warrensburg. Does the County maintain the space at Countryside for the meal site, but at what cost to the tax payers? The County would still have to maintain the heat, electricity, pest control, telephone/fax lines, equipment, snow removal and grounds upkeep, etc.

## IN CLOSING

I would ask that each of you remember that every time you mention Countryside Adult Home and whether or not it is a viable option for Warren County, an article is printed in the paper. An article that is read by the residents, staff and family members. Would you want to constantly have to worry about whether or not you would lose your home? It has been a difficult three years at Countryside for our residents, staff and families, and we ask that you focus on them as well, as they too are residents of Warren County.