

Health, Human and Social Services Committee
Mental Health/Office of Community Services

AGENDA

10/24/17

Committee Members: Chairwoman Frasier
 Supervisor MacDonald
 Supervisor Vanselow
 Supervisor Montesi
 Supervisor Braymer
 Supervisor McDevitt
 Supervisor Leggett

I. Action Agenda/New Business

1. Resolution request to appoint recently trained mental health professionals as the current members of the Warren County Disaster Mental Health Team

2. Panel presentation on opioid crisis and Hometown vs. Heroin and Addiction Coalition
 David Saffer/Amanda West, Council for Prevention (Prevention)
 Jennifer Niefeld, Baywood Center (Treatment)
 Ashley Livingston, Hope and Healing Recovery Community Center (Recovery)
 C. Shawn Lamouree, Warren County Undersheriff (Law Enforcement)

3. Additional updates/information

II. Motion to adjourn

Attachments:

Resolution Request w/ attached list

RESOLUTION REQUEST FORM NO. 20

MISCELLANEOUS

**Please List All Other Requests Not Covered by Previous Resolution Request Forms Here.
Please attach any backup information available and be as detailed as possible.*

DEPARTMENT NAME: Mental Health/Office of Community Services

DATE: 10/24/17

- (a) Purpose of Request: Appoint recently trained mental health professionals to the Warren County Disaster Mental Health Team.

- (b) Details: Request to appoint the attached list of individuals as the current volunteer members of the Warren County Disaster Mental Health Team. Team members have been trained in a NYS Office of Mental Health/Department of Health curriculum entitled "Fundamentals of Disaster Mental Health" and have also completed an online course entitled "Disaster Mental Health First Aid". The team is coordinated by the Office of Community Services and serves as a resource to various Warren County departments to address the emotional/mental health needs of the community in event of a mass casualty event.

- (c) Previous Resolution Number: #632 of 2006, #194 of 2007 and #623 of 2008

Recently trained mental health professionals requested for appointment to the volunteer Warren County Disaster Mental Health Team:

- 1) Robert York, LCSW-R, MPA – Coordinator
- 2) Heidi Burch, LMHC
- 3) Kathryn Cramer, MS
- 4) Dottie-Jean Desourdy, LMSW
- 5) Lilianne Dobert, LCSW-R
- 6) Gerard Florio, Ph.D.
- 7) Bryan Flowers, LMHC, CASAC
- 8) Christina Harrington-Stutzman, LCSW-R
- 9) Jennifer Hill, LCSW
- 10) Caitlin Houle, LMSW
- 11) Sarah Lockhart-Palladino, LCSW-R
- 12) Amy Millington, LCSW
- 13) Michael Nolan, LMSW
- 14) Meghan Perryman, LMSW
- 15) Traci Phillips-Perkins, LCSW-R
- 16) Laura Stebbins, RN

Opioid/Heroin Addiction Information Sheet

Some startling statistics from the National Center for Disease Control (CDC):

- More than six out of ten drug overdose deaths involve an opioid (source: CDC)
- Since 1999, the number of overdose deaths involving opioids (including prescription opioids and heroin) has quadrupled (source: CDC)
- From 2000 to 2015 more than half a million people died from drug overdoses (source: CDC)
- 91 Americans die every day from an opioid overdose (source: CDC)
- Since 2010, there has been a 3-fold increase in heroine-related overdose deaths in the U.S. (source: CDC)
- The number of drug overdose deaths from synthetic opioids more than doubled between 2016 and 2017 in the U.S. (source: CDC's Center on National Health Statistics)
- Overdose deaths from synthetic opioids have increased by 135 percent in New York State in just one year (source: CDC's Center on National Health Statistics)

What are Opioids?

Opioids are medicines used to relieve pain. They can be natural (from the poppy plant) or synthetic (manufactured).

What do opioids do?

- Reduce and relieve pain
- Can create a sense of euphoria
- HIGHLY habit-forming and addictive

Some common prescription opioids:

- **Hydrocodone (Ex: Vicodin, Lortab); Oxycodone (Ex: OxyContin), Percocet** - Commonly prescribed for a variety of painful conditions, including dental and injury-related pain
- **Morphine** - Often used before and after surgical procedures to alleviate severe pain
- **Fentanyl** - 50-100 times more potent than Morphine; Used to treat severe pain, often in patch form
- **Codeine** - Often prescribed for mild pain; Can also be used to relieve coughs

What is Heroin?

Heroin is an illegal narcotic, which comes from the opium poppy flower, and is used recreationally to achieve effects similar to those caused by prescription opioids.

Heroin relieves pain. It produces an instant rush of good feelings and happiness, followed by a slow, dreamlike euphoria. It can look like a white or brown powder, or black tar.

It is most commonly injected, but can be snorted or smoked too. Regardless of method, it gets to the brain fast.

HEROIN IS HIGHLY ADDICTIVE – The user quickly builds a tolerance for it and will need more each time to feel the same results.

- **Heroin is stronger, cheaper, and easier to get than prescription pills**
 - Also more **dangerous** – you never know what it is cut/mixed with

What is Fentanyl?

- Pharmaceutical fentanyl is a synthetic opioid pain reliever, approved for treating severe pain, typically advanced cancer pain
- It is 50 to 100 times more potent than morphine
- It is prescribed in the form of trans-dermal patches or lozenges and can be diverted for misuse and abuse

However, most recent cases of fentanyl-related harm, overdose, and death in the U.S. are linked to illegally made fentanyl. It is sold through illegal drug markets for its heroin-like effect. It is often mixed with heroin and/or cocaine as a combination product—with or without the user's knowledge—to increase its euphoric effects. Just three milligrams of fentanyl can be fatal, compared to 30 milligrams of heroin.

Sources: www.cdc.gov; www.oasas.ny.gov

Local Substance Abuse Resources

Treatment –NYS Office of Alcoholism and Substance Abuse Services (OASAS) licensed programs:

Baywood Center, 551 Bay Rd, #2, Queensbury, NY 12804, (518) 310-4119

Glens Falls Hospital Center for Recovery (Glens Falls) , 101 Ridge St., Glens Falls, NY 12801, (518) 926-7200

Glens Falls Center for Recovery (Hudson Falls), 340 Main St., Hudson Falls, NY 12839, (518) 747-8001

Conifer Park Outpatient Services, 55 Elm St., Glens Falls, NY 12801, (518) 793-7273

Prevention/Nalaxone (Narcan) training:

The Council for Prevention, 10 La Cross St, Suite 1, Hudson Falls, NY 12839, (518) 746-1527

Recovery:

Friends of Recovery Warren Washington, (518)223-6127, forwwc@gmail.com

Hope and Healing Recovery Community Center, 2 Maple St., Hudson Falls, NY 12839, (518) 480-5499

Warren-Washington Association for Mental Health Dual Recovery Program, 230 Maple St., Suite 2, Glens Falls, NY 12801, (518) 793-2352, contact: Cliff Green

Additional information/referral:

The Office of Community Services for Warren and Washington Counties, 230 Maple St., Suite 1, Glens Falls, NY 12801, (518) 792-7143

NYS OASAS HOPE-line (available 24 hours/ 7 days)

1-877-8-HOPENY (1-877-846-7369)

Text HOPENY (467369)

RESOURCES



- Link to NYS OASAS <http://www.oasas.ny.gov/index.cfm>
- Link to Talk2Prevent <http://talk2prevent.ny.gov/>
- Link to Combat Heroin <http://www.combatheroin.ny.gov/>
- Link to the Kitchen Table Toolkit <http://www.combatheroin.ny.gov/kitchen-table-toolkit>
- Information on Good Samaritan law <http://www.combatheroin.ny.gov/prevention>
- Spotlight on Synthetics <http://www.oasas.ny.gov/AdMed/drugs/Synthetics.cfm>
- Download Combat Heroin materials <http://www.combatheroin.ny.gov/resources>

Reach out to your **LOCAL PREVENTION and TREATMENT PROVIDERS!!!**

OASAS Provider Directory: <https://www.oasas.ny.gov/providerDirectory>



Office of Alcoholism and
Substance Abuse Services

Combat Heroin
and Prescription
Drug Abuse

Find help and hope

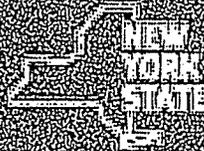
for alcoholism, drug abuse or problem gambling

Call or Text

1-877-8-HOPENY

Text: HOPENY (467369) 1-877-846-7369

Available 24 hours / 7 days



Office of Alcoholism and
Substance Abuse Services

www.oasas.ny.gov

Got Drugs?

Turn in your unused or expired medications

Now PERMANENT DROP BOXES

Any prescription or over-the-counter medication (No needles)

WASHINGTON COUNTY

Open Lobby Hours

Washington County Law Enforcement Center

399 Broadway • Fort Edward • 747-4623

Whitehall Police Department

57 Skenesborough Drive • Whitehall • 489-1316

Cambridge Police Department

55 North Park Street • Cambridge • 677-3044

Greenwich Police Department

6 Academy Street • Greenwich • 692-9332

Fort Edward Police Department

118 Broadway • Fort Edward • 747-6365

Hudson Falls Police Department

218 Main Street • Hudson Falls • 747-4011

Granville Police Department

51 Quaker Street • Granville • 642-1414

If you are unable to get to a drop box, call the police department about coming to pick up the medication.

WARREN COUNTY

Open Lobby Hours

Warren County Sheriff's Office

1400 Route 9 • Lake George • 743-2500

If you are unable to get to a drop box, call this number about coming to pick up the medication.

Glens Falls City Police Department

42 Ridge St. Glens Falls • 761-3840



COUNCIL FOR PREVENTION

www.councilforprevention.org

For more information,
please visit
www.councilforprevention.org

Franklin County

Franklin County Sheriff's Office
45 Bare Hill Rd, Malone 463-6795

Saranac Lake Police Department
1 Main St, Saranac Lake 891-4422

Saint Regis Mohawk Tribal Police
412 State Route 37, Akwesasne 358-2272

Warren County

Warren County Sheriff's Office
1400 Route 9, Lake George 743-2500

Glens Falls City Police Department
42 Ridge St, Glens Falls 761-3840

Washington County

Washington County Law Enforcement Center
399 Broadway, Fort Edward 747-4623

Whitehall Police Department
57 Skenesborough Dr, Whitehall 499-1316

Cambridge Police Department
56 North Park St, Cambridge 677-0344

Greenwich Police Department
6 Academy St, Greenwich 692-9332

Fort Edward Police Department
118 Broadway, Fort Edward 747-6365

Hudson Falls Police Department
218 Main Street, Hudson Falls 747-4011

Granville Police Department
51 Quaker Street, Granville 642-1414

Montgomery County

Walgreens
4999 NY-30, Amsterdam 843-6651

Albany County

New York State Police Troop G
760 Troy Schenectady Rd, Latham 783-3211

Albany City Police Department
165 Henry Johnson Blvd, Albany 462-8013

Plattsburgh

Plattsburgh Police Department
45 Pine St, Plattsburgh 583-3411

Hamilton County

Hamilton County Sheriff's Office
102 County View Dr, Lake Pleasant 548-3113

Ticonderoga

New York State Police Troop B - Ray Brook
1097 State Route 86, Ray Brook 897-2000

Ticonderoga Sheriff's Department
135 Burgoyne Rd, Ticonderoga 585-3456

Essex County Sheriff's Office
702 Stowersville Rd, Lewis 673-6321

Saratoga County

Saratoga Springs Police Department
474 Broadway, Saratoga Springs 584-1800

Saratoga County Sheriff's Office
6910 County Farm Rd, Ballston Spa 885-6761

Fulton County

Fulton County Sheriff's Office
2712 State Highway 29, Johnstown 736-2100

Nassau County

Nassau Pharmacy
3541 US Highway 20, Nassau 766-2707

North Greenbush Police Department
133 Blooming Grove Rd, N. Greenbush 583-5323

Greenville

Village of Coxsackle Police Department
119 Mansion St, Coxsackle 731-8121

Kelly's Pharmacy
4652 State Route 81, Greenville 965-4800