

Health, Human and Social Services Committee
Mental Health/Office of Community Services

AGENDA

5/30/19

Committee Members: Chairwoman Frasier
 Supervisor McDevitt
 Supervisor Braymer
 Supervisor Leggett
 Supervisor Loeb
 Supervisor Driscoll
 Supervisor Hyde
 Supervisor Magowan
 Supervisor Sokol

I. Action Agenda/New Business

1. Resolution request: To appoint two individuals to the Warren County Community Services Board for terms as indicated
2. Request to Host Meetings – Warren and Washington County Community Services Boards Budget Review Committee, June 10th and June 27th

II. Motion to adjourn

Attachments:

Resolution request forms

Request to host a meeting form

RESOLUTION REQUEST FORM NO. 1

Request to Appoint or Reappoint Member of Committee, Board or Agency*

****If more than one person is being appointed, please attach additional sheets***

DEPARTMENT NAME: Mental Health

DATE: 5/30/19

- (a) Name of Appointee: **Belinda Bradley**
- (b) Is this a Reappointment? **no** If so, please provide the Resolution No. which authorized the last appointment of this individual
- (c) If a Certificate of Appointment applies, please provide a copy of the prior certificate of appointment, if possible.
- (d) If person is being Appointed as a Representative of a Specific Group/Agency, please list their Affiliation and Title
- (e) Address of Appointee: **Glens Falls, NY**
- (f) Title of Appointment: **Warren County Community Services Board**
- (g) Effective Date of Appointment: **6/21/19**
- (h) Termination Date of Appointment: **12/31/2021**
- (i) Name of Person Being Replaced (if applicable): **Lu Thomas-Cosgrove**
- (j) Reason for Replacement: **resignation**

RESOLUTION REQUEST FORM NO. 1

Request to Appoint or Reappoint Member of Committee, Board or Agency*

****If more than one person is being appointed, please attach additional sheets***

DEPARTMENT NAME: Mental Health

DATE: 5/30/19

- (a) Name of Appointee: **Cindy Wasson**
- (b) Is this a Reappointment? **no** If so, please provide the Resolution No. which authorized the last appointment of this individual
- (c) If a Certificate of Appointment applies, please provide a copy of the prior certificate of appointment, if possible.
- (d) If person is being Appointed as a Representative of a Specific Group/Agency, please list their Affiliation and Title
- (e) Address of Appointee: **Queensbury, NY**
- (f) Title of Appointment: **Warren County Community Services Board**
- (g) Effective Date of Appointment: **6/21/19**
- (h) Termination Date of Appointment: **12/31/2022**
- (i) Name of Person Being Replaced (if applicable): **Barbara Boggia**
- (j) Reason for Replacement: **resignation**

Warren County Request to Host Meeting or Conference

Name of Department: Office of Community Services/Mental Health

Name of Meeting/Conference: Community Services Board (CSB) Budget Review Committee

Date: 6/10/19, 12p-2p; 6/27/19, 12p-2p

Location: Office of Community Services for Warren and Washington Counties, 230 Maple St., Glens Falls, NY 12801

Purpose: 2020 Community Services Board contract agency budget review process

Contact Person: (If other than Department Head) _____

Phone No.: _____

Number of People attending:

5 County Employees

_____ State Employees

_____ Volunteers

7 Others (specify) Warren and Washington County CSB members

Cost to County (please include amounts):

Room rental \$ _____

Food/beverage \$ 100

Supplies \$ _____

Other (specify) \$ _____

Total Cost: \$ 100

Dept Head Approval:

Signature _____

Date: 5/22/19

Committee Chairman Approval:

Signature _____

Date _____

What is Mental Illness: Mental Illness Facts

Mental illnesses are medical conditions that disrupt a person's thinking, feeling, mood, ability to relate to others, and daily functioning. Just as diabetes is a disorder of the pancreas, mental illnesses are medical conditions that often result in a diminished capacity for coping with the ordinary demands of life.

Serious mental illnesses include major depression, schizophrenia, bipolar disorder, obsessive compulsive disorder (OCD), panic disorder, post traumatic stress disorder (PTSD), and borderline personality disorder. The good news about mental illness is that recovery is possible.

Mental illnesses can affect persons of any age, race, religion, or income. Mental illnesses are not the result of personal weakness, lack of character, or poor upbringing. Mental illnesses are treatable. Most people diagnosed with a serious mental illness can experience relief from their symptoms by actively participating in an individual treatment plan.

In addition to medication treatment, psychosocial treatment such as cognitive behavioral therapy, interpersonal therapy, peer support groups, and other community services can also be components of a treatment plan and that assist with recovery. The availability of transportation, diet, exercise, sleep, friends, and meaningful paid or volunteer activities contribute to overall health and wellness, including mental illness recovery.

Here are some important facts about mental illness and recovery:

- Mental illnesses are biologically based brain disorders. They cannot be overcome through "will power" and are not related to a person's "character" or intelligence.
- Mental disorders fall along a continuum of severity. Even though mental disorders are widespread in the population, the main burden of illness is concentrated in a much smaller proportion — about 6 percent, or 1 in 17 Americans — who suffer from a serious mental illness. It is estimated that mental illness affects 1 in 5 families in America.
- The World Health Organization has reported that four of the ten leading causes of disability in the US and other developed countries are mental disorders. By 2020, Major Depressive illness will be the leading cause of disability in the world for women and children.
- Mental illnesses usually strike individuals in the prime of their lives, often during adolescence and young adulthood. All ages are susceptible, but the young and the old are especially vulnerable.
- Without treatment the consequences of mental illness for the individual and society are staggering: unnecessary disability, unemployment, substance abuse, homelessness, inappropriate incarceration, suicide and wasted lives; The economic cost of untreated mental illness is more than 100 billion dollars each year in the United States.
- The best treatments for serious mental illnesses today are highly effective; between 70 and 90 percent of individuals have significant reduction of symptoms and improved quality of life with a combination of pharmacological and psychosocial treatments and supports.
- With appropriate effective medication and a wide range of services tailored to their needs, most people who live with serious mental illnesses can significantly reduce the impact of their illness

and find a satisfying measure of achievement and independence. A key concept is to develop expertise in developing strategies to manage the illness process.

- Early identification and treatment is of vital importance. By ensuring access to the treatment and recovery supports that are proven effective, recovery is accelerated and the further harm related to the course of illness is minimized.
- Stigma erodes confidence that mental disorders are real, treatable health conditions. We have allowed stigma and a now unwarranted sense of hopelessness to erect attitudinal, structural and financial barriers to effective treatment and recovery. It is time to take these barriers down.

Source: National Alliance on Mental Illness, New York Chapter
www.naminy.org