

Warren County Board of Supervisors

Proclamation

WHEREAS, January has been designated as Mental Wellness Month, a time to recognize the importance of attending to our mental health, and

WHEREAS, Warren-Washington Counties Office of Community Services oversees mental health and wellness resources offered in the bi-county region, and

WHEREAS, there is a proven connection between good mental health and overall personal health, and

WHEREAS, in the wake of the COVID-19 pandemic, with barriers to treatment emerging for months or longer, mental wellness has suffered for many individuals around the world, and

WHEREAS, people with mental illnesses recover if given the necessary services and supports in their communities, and make important contributions to our families and our communities, and

WHEREAS, only one out of two people with a serious form of mental illness seeks treatment to improve their mental wellness, and

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help, and

WHEREAS, greater public awareness about mental wellness can change negative attitudes and behaviors toward people with mental illnesses, now, therefore, be it

RESOLVED, that I, Kevin B. Geraghty, Chairman, upon a majority vote of the Warren County Board of Supervisors, do hereby proclaim January 2023 as

MENTAL WELLNESS MONTH

in Warren County, and ask that citizens, government agencies, public and private institutions, businesses, and schools recommit our community to increasing awareness and understanding of mental wellness.

DATED: JANUARY 20, 2023

**KEVIN B. GERAGHTY, CHAIRMAN
WARREN COUNTY BOARD OF SUPERVISORS**