

PROGRAM UPDATE



Cornell University
Cooperative Extension
Warren County

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March/April 2025

4-H & Family Living

Shannon McPheeters, 4-H Program Educator reported on the following program and planning:

- The spring archery series is underway and coming up on week 3 of 6. A total of 14 young archers in Basic to Advanced. They meet every 2 weeks for an hour. Thanks to Donna Ringwall for co-leading this program.
- Vermiculture series concluded on April 3rd. This was a collaboration between 4-H and Master Gardeners Linden and Cheri. The group of 5 worm enthusiasts planted peas in the garden using the vermicompost created over the winter.
- Spring Break Programs are coming up. Fishing Club is meeting to prep for the fishing season. Cleaning boat donations, paddles, and preparing rods. This is open to non 4-H members as well as 4-H members on Tuesday, April 15th at 1pm.
- The Fun with Fungus Program invited Connor Youngerman from Cornell University to teach Mushroom Inoculation to youth and adults. The program will be held Friday, April 18th at 1:30. They have the chance to purchase and take home an inoculated log. Spots are still available, to register e-mail mlb222@cornell.edu or call 518-668-4881.
- WHEP - Wildlife Habitat Education Program is going to Pack Forest to learn about amphibians of the Adirondacks. This will take place on Wednesday, April 23rd at 5:30pm for a short walk through Pack Forest exploring their habitat, listening for spring peepers and wood frogs.



teens who have excelled in the program. Another opportunity to present will be given to 4-H'ers over Spring Break.

- A PS: It Works! parent/caregiver program will be offered for 5 weeks beginning on Thursday, May 1 from 12:00 noon to 1:30 pm via zoom. This fun, interactive program offers support to parents in guiding their children while building healthy relationships. No fee. To register, please contact Roxanne Westcott at rmw38@cornell.edu.
- The Parenting Apart program can help parents who have separated or divorced learn how to keep their children out of the middle of the adult conflict. This program is certified by the New York State Unified Court System and has no fee associated with taking it. Contact Roxanne Westcott at rmw38@cornell.edu to learn more.

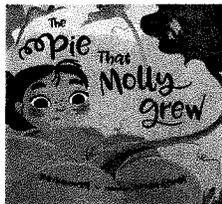
Alyssa Hayes, Food Systems Educator reported on the following program and planning:

- Nine youth attended a cheese making workshop at CCE Warren. Youth learned about the science behind making cheese, the difference between an artist and a crafter, and came up with their own artisan cheeses. Youth then went to the kitchen and each made a batch of mozzarella cheese to take home and share with their families.
- Nineteen first and second graders at Warrensburg Central School "In the Zone" participated in Who Grew My Soup? Students listened to a story, played games about farms and food, and learned about where soup ingredients come from.



Roxanne Westcott, 4-H Family Living Educator reported on the following program and planning:

- NYS Ag Literacy in the Classroom was held in schools across the county last month reaching over 400 Warren County students. Staff and volunteer Master Gardeners visited K-3 classrooms to share the book *The Pie That Molly Grew*.
- 4-H Public Presentation Day was held last month. Open to our youngest 4-H youth to our teens, this program offers the opportunity to learn the art of public speaking in a supportive learning environment. Presentation judges included CCE Board of Directors, staff, and 4-H



- Fifteen home-school youth, ages 11-16, learned about complete and incomplete proteins. After learning about amino acids and proteins, they made mozzarella cheese to sample. They learned the process of making soft cheese as well as the enzymes and acid needed to complete the process.
- Eight adults attended a Kitchen Herb Garden Workshop at CCE Warren. Participants learned about the uses of herbs in the kitchen, how to preserve herbs for later use, and planted a variety of herbs to take home.



Master Gardeners & Natural Resources

Linden Pearsall, Community Horticulture Coordinator reported the following program and planning:

- A workshop was held for Master Gardener Volunteers on winter sowing techniques. Twenty MGVs attended.
- Fruit Tree Specialist from the Eastern New York Commercial Horticulture Program visited the CCE Warren County office to provide MGV training on pruning pear and apple trees. Ten MGVs attended.
- Warren County Soil and Water District provided training to the MGVs at our March meeting on pruning landscape trees. Twenty MGVs attended.
- Seed Library Programming in Warrensburg and Glens Falls began in March and will go through June.
- Our three Seed to Supper locations are confirmed with programming beginning in May. Six MGVs are supporting this initiative.
- CCE's Horticulture Art show is set for May 2025. The meeting to select final submissions is on April 16th. Two MGVs are spearheading this project.
- Plant Sale is set for May 16th and 17th. Eleven Volunteers potted plant plugs on April 10th.
- MGV Training 2025 concludes on May 5th. Three MGV Trainees are anticipated to join Warren County CCE (pending an 80% score on the final exam) and will be considered official MGVs once they have completed 55 hours in the year following their completed training.

What's Happening

We Need Your Help!

Silent Auction Items Needed

Cornell Cooperative Extension is in need of gift baskets, merchandise donations or gift certificates that will be used in our silent auction fundraiser, which will be held August 24, 2025 during the 16th Annual Cornell Cooperative Extension, Dr. James Seeley Memorial Golf Tournament.

Monies raised through this event will be used to help support our organization's educational programs. Please visit our website: <https://warren.cce.cornell.edu/>



Contact: Amy Sabattis 518-623-3291.

Cornell Cooperative Extension
Warren County

Master Gardener Plant Sale

CCE Warren County
377 Schroon River Rd.
Warrensburg, NY 12885
518-623-3291

May 16th & 17th

9AM-3PM

Rain or Shine!

Order form with a deposit of 50% of your order due by May 2nd.

Additional plants not featured in the catalogue will also be available for purchase the day of the sale.

Catalog & Order Form



4-H FISHING CLUB



volunteer opportunity

WHEN: TUESDAY, APRIL 15TH 1PM

WHERE: CCE WARREN OFFICE

377 SCHROON RIVER RD, WARRENSBURG, NY 12885

WHO: AGES 9 AND UP

4-H MEMBERS AND NON-MEMBERS WELCOME!

WHY: PREP FOR THE SEASON!

DRESS TO BE OUTDOORS AND TO GET DIRTY

CONTACT MLB222@cornell.edu OR
518-668-4881 TO REGISTER

FOLLOWED BY A FLY CASTING CLINIC

