

Warren County Board of Supervisors

Proclamation

WHEREAS, January has been designated annually as Mental Wellness Month, a time to recognize the importance of attending to our mental health, and

WHEREAS, Working with numerous public and private partners, such as Ascend Mental Wellness, Adirondack Health Institute and many more, Warren County Office of Community Services oversees mental health and wellness resources offered in Warren County, and

WHEREAS, there is a proven connection between good mental health and overall personal health, and

WHEREAS, mental wellness has suffered for many individuals around the world in recent years, as our nation and the world deal with myriad conflicts, and

WHEREAS, people with mental illnesses can recover if given the necessary services and supports in their communities, and make important contributions to our families and our communities, and

WHEREAS, only one out of two people with a serious form of mental illness seeks treatment to improve their mental wellness, as stigma and fear of discrimination keep many who would benefit from mental health services from seeking help, and

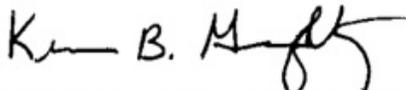
WHEREAS, greater public awareness about mental wellness can change negative attitudes and behaviors toward people with mental illnesses, now, therefore, be it

RESOLVED, that I, Kevin B. Geraghty, Chairman, do hereby proclaim January 2026 to be

MENTAL WELLNESS MONTH

in Warren County, and ask that citizens, government agencies, public and private institutions, businesses, and schools recommit our community to increasing awareness and understanding of mental wellness.

DATED: JANUARY 16, 2026



**KEVIN B. GERAGHTY, CHAIRMAN
WARREN COUNTY BOARD OF SUPERVISORS**